

# Lorundrostat for Treatment of Obesity-Related, Aldosterone-Dependent Hypertension – an Endotype-Specific, Targeted Approach to the Treatment of Uncontrolled Hypertension

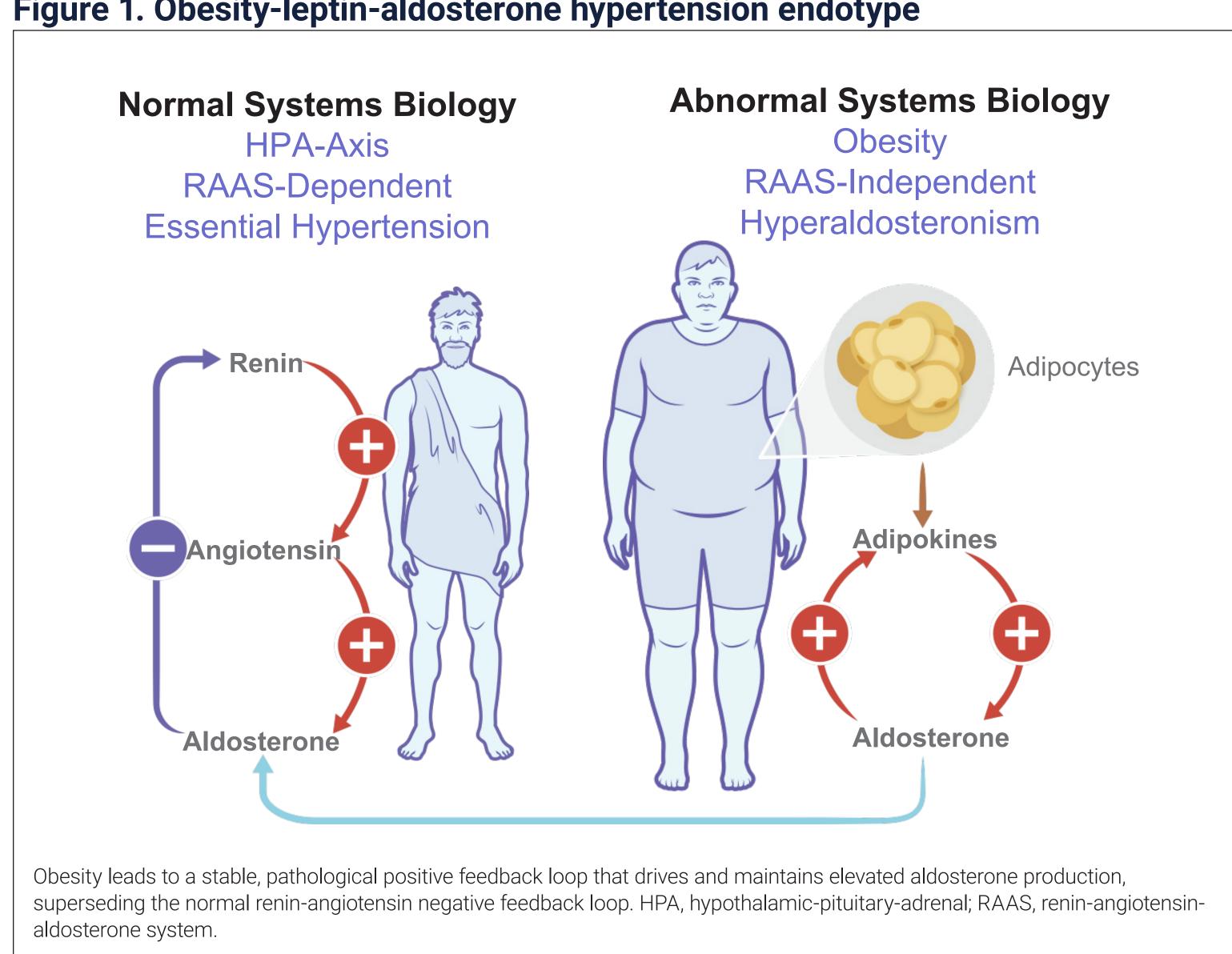
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# INTRODUCTION

- Inadequate blood pressure (BP) control remains a leading cause of morbidity and mortality, and novel antihypertensive agents with transformational potential have been lacking
- Escape from upstream, RAAS pathway inhibition is a major challenge that reduces the efficacy of strategies targeting renin and angiotensin, including renin inhibitors, RNAi and antisense reduction of the renin substrate angiotensinogen, angiotensin-converting enzyme, and angiotensin receptor blockers
- Downstream inhibitors of the RAAS pathway, targeting the mineralocorticoid receptor, are effective in treatment but limited by on- and off-target effects, including unacceptable hormonal effects and, less common but clinically significant, increases in serum potassium
- The prevalence of obesity is increasing and known to be associated with increased aldosterone production, increased prevalence of hypertension (HTN) and, more recently, mechanistically linked to a positive feedback loop with an afferent limb characterized by an abnormal visceral adipocyte secretome driving increased adrenal aldosterone production and an efferent limb characterized by increased circulating aldosterone stabilizing the adipocyte secretory phenotype
- We propose that this pathological <u>obesity-leptin-aldosterone positive feedback loop</u> supersedes the normal renin-angiotensin negative feedback loop and can be targeted by lorundrostat, a novel aldosterone-synthase inhibitor

Figure 1. Obesity-leptin-aldosterone hypertension endotype



# **OBJECTIVES**

- To provide proof-of-concept that aldosterone synthase inhibition by lorundrostat reduces aldosterone production and ameliorates uncontrolled and/or resistant HTN in a dosedependent fashion
- To provide an initial characterization of the tolerability, safety, and therapeutic index of lorundrostat in individuals with poorly controlled HTN despite treatment with 2 or more antihypertensive agents

#### METHODS Figure 2. TARGET-HTN study design TARGET Placebo QD n=30 Lorundrostat 12.5 mg QD n=30 Part 1 Background Lorundrostat 50 mg QD n=30 Regimen of 2+ PRA ≤1.0 Lorundrostat 100 mg QD n=30 Lorundrostat 12.5 mg BID n=30 Lorundrostat 25 mg BID n=30 Part 2 undrostat 100 mg QD n=30 & Placebo QD n PRA >1.0 Primary Efficacy and Safety Actual randomized: Part 1 N=163; Part 2 N=37. BID, twice daily; PRA, plasma renin activity (ng/mL/h); QD, once daily. Table 1. Baseline demographics and clinical characteristics Part 2 (N=37) Part 1 (N=163) 65.6±0.8 66.0±1.8 39.3 Black or African American 46.6 51.4 Hispanic or Latino 30.7±0.7 BMI, kg/m<sup>2</sup> 31.2±0.4 139.1±1.4 AOBP systolic BP, mmHg 142.2±1.0 79.1±1.6 81.5±0.8 AOBP diastolic BP, mmHg 79.6±2.4 eGFR, mL/min/1.73m<sup>2</sup> 78.9±1.3 37.4 48.6 Previous myocardial infarction 2 background HTN medications ≥3 background HTN medications 47.2 56.4 Use of thiazide or thiazide-like diuretic 94.6 Use of ACEi or ARB Mean±SD or %. ACEi, angiotensin-converting enzyme inhibitor; AOBP, automated office blood pressure; ARB, angiotensin receptor blocker; BMI, body mass index; BP, blood pressure; HTN, hypertension; SD, standard deviation. Figure 3. Percent change in serum aldosterone at week 4 Daily dose (mg/24 h) in Part 1 cohort. BID, twice daily; QD, once daily

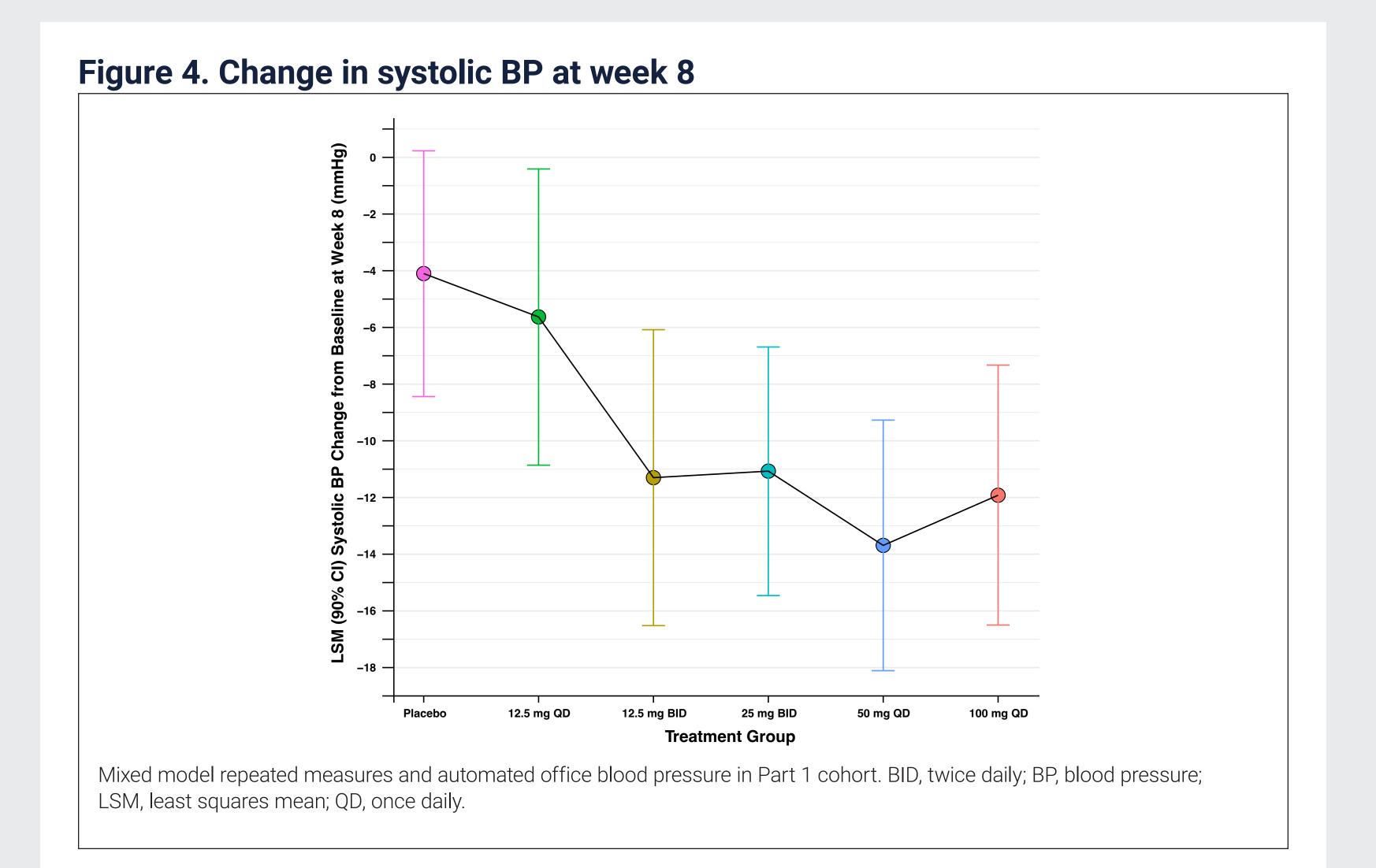
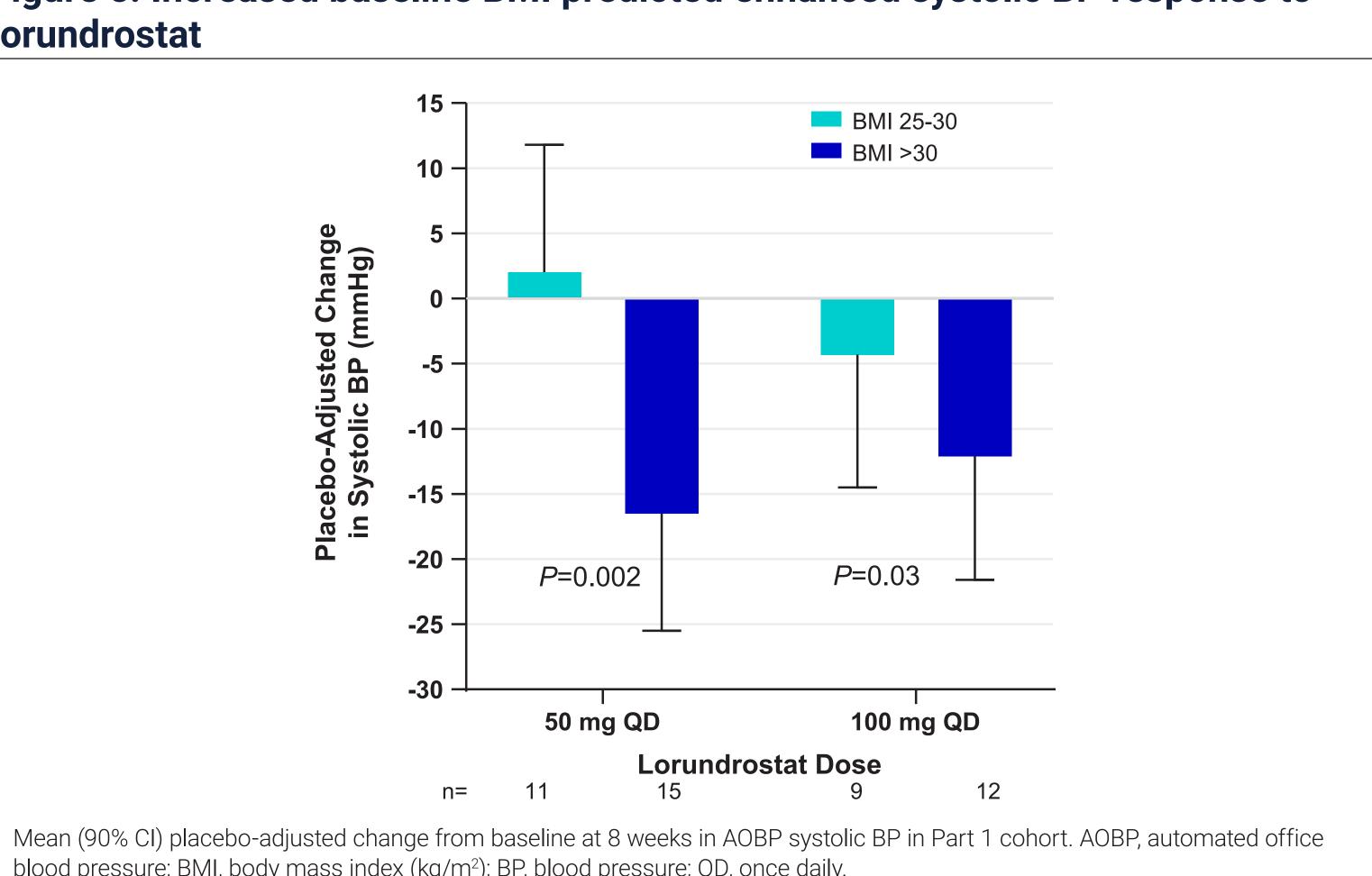
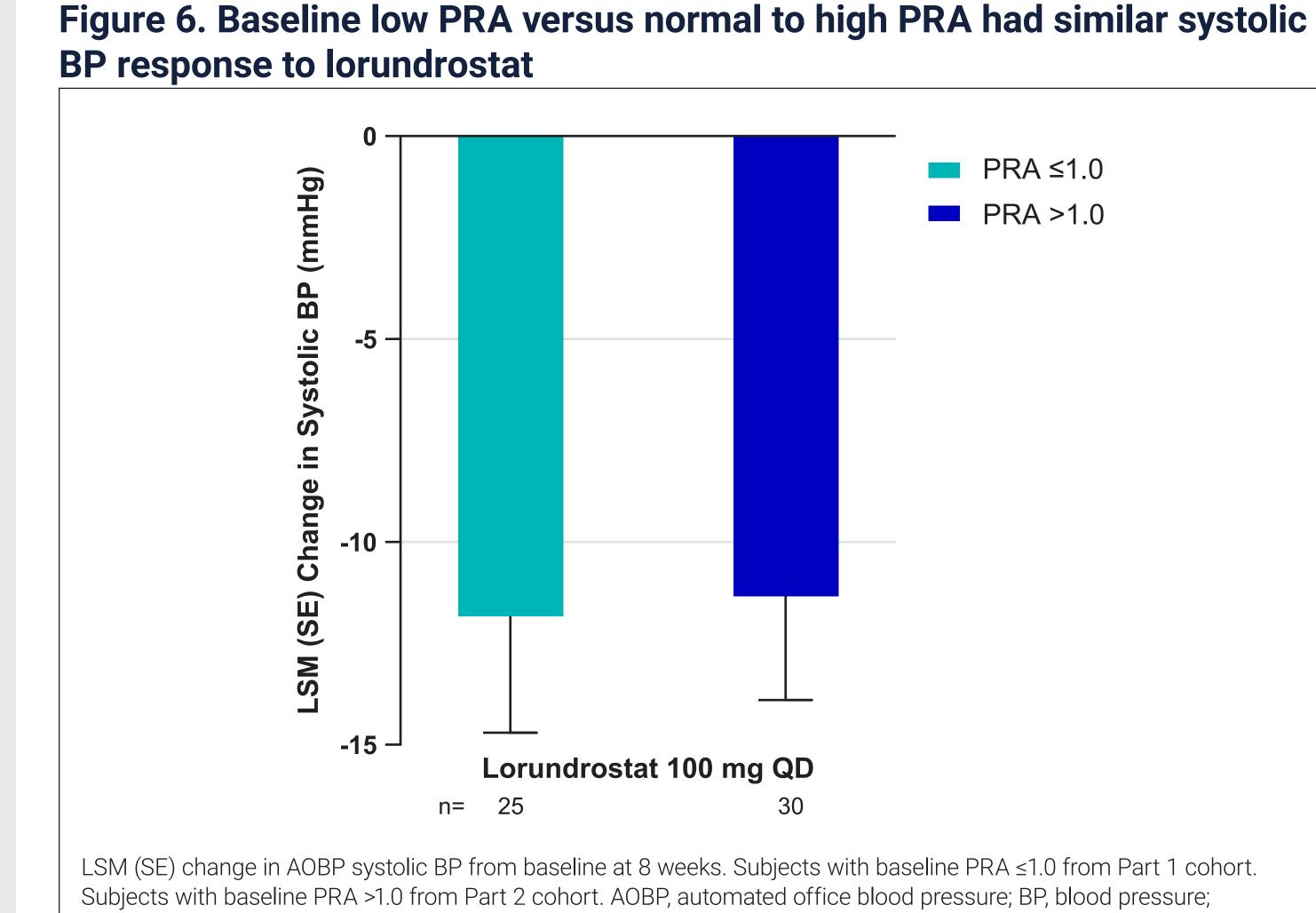


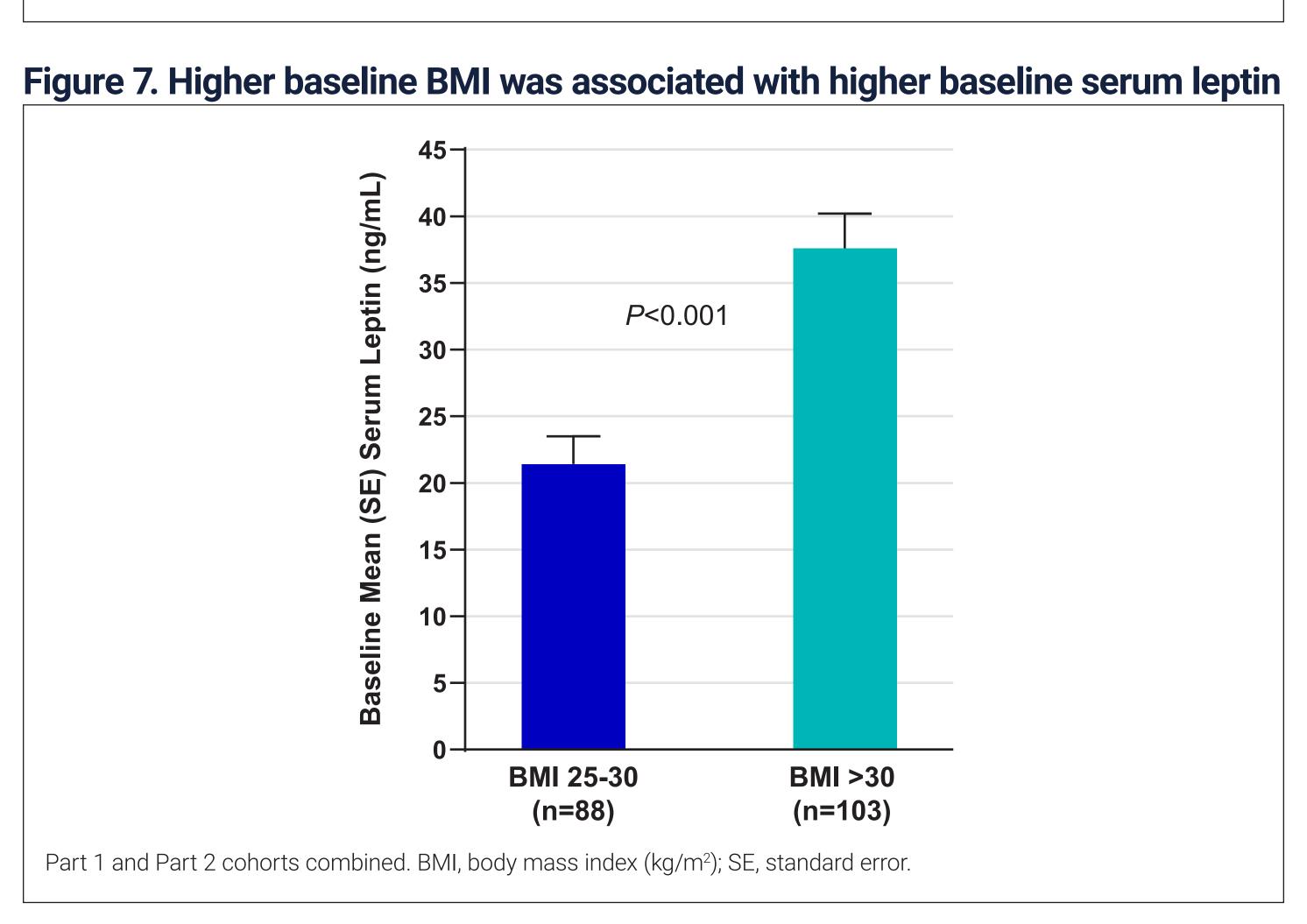
Figure 5. Increased baseline BMI predicted enhanced systolic BP response to lorundrostat



blood pressure; BMI, body mass index (kg/m²); BP, blood pressure; QD, once daily.



LSM, least squares mean; PRA, plasma renin activity (ng/mL/h); QD, once daily; SE, standard error.



# CONCLUSIONS

- Lorundrostat was effective and well tolerated
- Adults with obesity and uncontrolled and/or resistant HTN had enhanced BP reduction in response to lorundrostat
- The enhanced BP lowering effect in obese individuals was unrelated to baseline PRA or baseline aldosterone to renin ratio (not shown), consistent with uncoupling of the normal renin-aldosterone negative feedback loop
- Circulating leptin, which is a major driver of adrenal aldosterone production, was increased in proportion to the baseline BMI
- Aldosterone-targeted precision therapy may allow early identification, intervention, and improved clinical outcome in the obesity-leptin-aldosterone hypertension endotype

### ACKNOWLEDGMENTS

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#### **DISCLOSURES**

**DMR and BC:** Employees of Mineralys Therapeutics, LLC.